



ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA

DIPARTIMENTO  
DI PSICOLOGIA  
"RENZO CANESTRARI"

## **PhD Program in Psychology**

### **Workshop "Cultivating Our Emotional Intelligence."**

**Prof. Eva Urbón, Ph.D.**

**Prof. Carlos Salavera, Ph.D.**

**Universidad Zaragoza, Spain**

Department of Psychology "Renzo Canestrari"

January 29<sup>th</sup>, 2026 – 14:00 -16:00 p.m.

Aula Magna

Viale Berti Pichat, 5 Bologna

#### **Abstract**

A theoretical-practical workshop that presents and puts into practice the emotional competencies most demanded by companies, while also sharing our current research and upcoming publications.



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**The seminar will address the following questions:**

- How can young researchers use AI tools effectively to improve their performance and maintain research quality?
- What ethical challenges does AI raise to the research work and researchers' professional identities?
- What skills, knowledge, and approach are needed to responsibly work with AI in research?

**Methods**

Lessons, hands-on exercises, and application of the concepts discussed to real-world scenarios.

**Suggested reading(s):**

Smith, S. M., Tate, M., Freeman, K., Walsh, A., Ballsun-Stanton, B., & Lane, M. (2025). A university framework for the responsible use of generative AI in research. *Journal of Higher Education Policy and Management*, 1-20.